

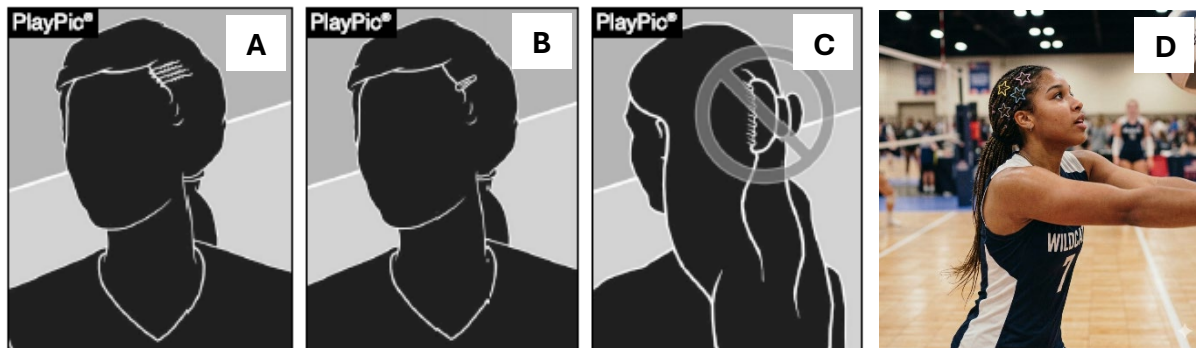


September 2, 2026

NFHS Volleyball Weekly Rule Interpretations

Equipment – Hair Accessories

SITUATION 1: A player is wearing: (a) bobby pins; (b) a flat barrette; (c) a large hair clip; (d) flat star clips to secure their hair. **RULING:** (a), (b) and (d) legal; (c) illegal. **COMMENT:** Large clips present an increased risk to the player and teammates and are not allowed. Flat clips do not increase risk and are allowed regardless of shape. (4-1-6a)



SITUATION 2: A player is wearing a: (a) hair bow; (b) headband that is two inches wide and ties in a knot; (c) headband greater than 3 inches in width. **RULING:** (a) and (b) legal; (c) illegal. **COMMENT:** Hair bows that are securely fastened and do not present an increased risk are allowed. Headbands must be no more than 3 inches wide unless they are head coverings worn for religious reasons and would not be considered hair devices. (4-1-6a, 4-1-6b, 4-1-6c)



Equipment – Medical Devices

SITUATION 3: A player from Team A is wearing a Q-Collar. **RULING:** Legal. **COMMENT:** The Q-Collar is a wearable medical device that is allowed without additional padding as it fits securely around the player's neck and does not increase risk to the player, teammates or opponents.

[\(NFHS Statement on Medical Devices\)](#)

